



## **DEDICATORIA**

De manera muy especial a mis padres por haberme forjado como persona que soy en la actualidad, muchos de mis logros se los debo a ustedes por apoyarme constantemente, y a mi esposa e hija por su comprensión en esta nueva etapa.













## ABSTRACT

In this research “Influence of study habits and self-esteem in students in the fifth grade of the educational institution Nuestra Señora de las Mercedes, Charan - Ayabaca, 2019”, has as a general objective, to know the influences between study habits and of the students' self-esteem of the educational institution Nuestra Señora de las Mercedes, Charan, Ayabaca. The research method is hypothetical - deductive, whose type of research is basic, at the descriptive and correlational level, giving a quantitative approach, to the non-experimental design of a cross-section. Considering a total of students that is made up of 27 students of the fifth grade of the primary level of the educational institution Nuestra Señora de las Mercedes, Charan, Ayabaca. The type of sample is 100% of the population, where the female and male gender was considered.

The technique that was used was to collect information through the survey and in the instrument of data collection are the questionnaires, study habits and self-esteem, which were duly validated through expert judgments and determined their reliability through of the reliability statistic (Cronbach's Alpha). The following conclusions were reached: 1.- It was concluded that the children of the 5th grade of primary school of the I.E. Our Lady of the Mercedes-Charan-Ayabaca They have bad study habits, this is because they do not know how to study, do not know how to do their homework, do not know how to prepare for exams and do not know how to pay attention in the classroom. 2.- We conclude that the children of the 5th grade of primary school in the I.E. Our Lady of the Mercedes-Charan-Ayabaca have a low level of self-esteem, this is because students have conflicts in their feelings, emotions and thoughts, leading them to have a problem and reflected in their academic performance. 3.- It was also concluded that having bad study habits is a consequence of having low self-esteem, due to the various problems or uncomfortable situations that students have in their families, at school or with their friends.

**Keywords:** study habit, self-esteem, primary education.